# Ridgeway Riders Cycling Club AGM Minutes 12-11-2022

## 1. Members Present

Unfortunately, nobody signed the attendance Sheet but there were between 40-45 people who attended. I could try and remember everyone who came but I'm sure I'll miss somebody!!

# Apologies

Apologies were received from Alyson Curtis for not attending.

### 3. Introductions and Welcome

Karl Watson (General Secretary), Mags Almond (Chairperson), Rebecca Pearce (Woman's Officer), Steve Hedges (Treasurer)

### Minutes form last AGM

The minutes of the previous AGM meeting were briefly outlined and are available on the RRCC website.

# 5. Chairpersons Report - Mags Almond

- 1. The club has continued to grow and evolve with member numbers increasing from 150 to 166 this year.
- 2. I'd like to thank the committee for their work throughout the year we've asked for and listened to the feedback and where possible have implemented suggestions for improvement to rides. In particular your comments about size of groups and the need for back marker riders.
- 3. I'd like to think the regular ride leaders, Mark Rodgers, Andy Jones, Steve Hedges, Col Thorne, Helen Timms and Alyson Curtiss, also Rebecca Pierce for leading ladies only rides and particular thanks to her family for refreshments en route.
- 4. I'd also like to thank the Ironman volunteers and to Rebecca for co-ordinating on behalf of the club.
- 5. Huge well done to our member achievements this year, in particular Mark Rodgers, Gareth Manning, Gary Bachelor, Craig Thomas and Simon Bon Manche for taking on the Pyrenees Raid cycling 441 miles, 36,000 ft in 100 hours raising £1,667 for MV Freedom which provides access to the sea for people with disabilities.
- 6. I'd like to thank Karl and Steve for managing the upgrading and ordering of the new club kit, a very welcome addition to the original club colours.

- 7. Ride leaders and the club have worked hard to be all inclusive but we need to build on this to ensure that all members feel included regardless of ability. There are rides for all abilities and feedback from these rides has been excellent.
- 8. Well done everyone for being part of, and supporting Ridgeway Riders.

# 5. Treasurers Report -

Just a quick summary of what's gone on in the club's finances this last 12 months Income.

We've received £1,942 in membership fees.

What do we spend our money on?

The club giveaway this year, the bottles at a cost £810.

For charities we contributed £250 to MV Freedom on top of what had been raised, and £69 was generated through T-shirt and hoodie sales for the Adrian Parry's Scout group

Other expenses this year include the British Cycling Affiliation Fee of £346, the First Aid Course £100, racing fees £100, supporting the Ironman £70 and trophies £37.

We have put in two kit orders in the last 12 months and will be doing a further one once the new sponsor logos have been approved through British Cycling.

The bank balance currently stands at a respectable  $\mathfrak{L}1,919$ . We are just about to pay for next years freebie though.

# 7. Women's officer report - Rebecca Pearce

This year has been such an amazing year for so many reasons for RR...

As Mags has said women's numbers riding has increased so much,

both riding with the rocket group, group 2 riders and also on the Sunday rides.

Yes, it would always be nice to have more, but with the way that our club welcomes everybody and looks after all riders, no one ever gets left behind.

As has been mentioned already I am stepping down as women's officer, simply because I don't have the time at weekends to do the role justice and have been feeling this throughout this year.

With my TT training and racing taking up many weekends and a very busy family life, there unfortunately is just not enough hours in the day.

Ladies rides will continue though and I will certainly be hoping to attend where I can.

What makes our club so special is how it opens up its arms to all riders and makes them feel special and like we can achieve anything.

I remember exactly how I felt when I first started riding. It really is something very special.

If you remember I asked a few weeks ago for you to share with me your personal achievements and also amazing things that others had achieved that they didn't think was possible and I would like to share some of these now.

I am sharing them in order that I received them....

My best achievement this year was finishing the L'Etape Du Tour, which was the Queens stage of the 2022 Tour De France. We crossed the Col Du Galibier, the Croix De Fer and finished on Alpe D'Huez approx 15,000 ft of climbing. I'd been entered to do the L'Etape since 2020, and it was cancelled for 2 years so they made the 1st one since Covid a memorable one.

I think there were about 16,000 people that started and just over half actually finished so it was a tough one. Especially with the heat (40 Degrees). I gave the Devil a high five and saw a man in a mankini on the Alpe D'huez so it was very memorable and I would recommend it to anyone, especially with the

closed roads and motorbikes it felt like you were actually in the Tour, just needed Brad on a bike 🙂



I hope this is ok?

**Duncan Towner** 

Hei went with a holiday company, so met some great people and next year he's hopefully doing the Paris Roubaix challenge, the Trans Cambrian 3 days (mountain biking) and 2 days of mountain biking the Bike Transalp.

It's going to be a year of falling off my bike I think.

Hi Rebecca

Just saw your email

Something that I thought was pleasing was Darren Symes achieved.

We cycled up Portesham Hill on one of our Sunday rides.

Darren was chuffed to bits that he managed to get up it for the first time, after failing on previous attempts.

He was so happy...he didn't show it at first while he got his breath back!

Really epitomised the RRCC spirit of keep trying and you'll succeed

Anyway, that gets my vote

Andy

(This was Darren achieving his tackling Portesham hill)

Hi

Me and Dave Neale joined the group this year after not riding since lock down, with the help and encouragement of the group we completed a few routes of 50 miles plus before we did the London to Brighton cycle this year.

Thanks again to RR

**Tony Creasey** 

Hi Rebecca, as you asked I'm sharing some of my personal achievements from 2022.

I was encouraged to join the Ridgeway Riders Sunday group this year by Lee Harris.

Prior to joining the Ridgeway Riders the most I had ever managed to cycle in a year was just under 1500 miles so my goal was to beat that this year. I actually managed to achieve this in July, so I raised my target to 2000 mile which I hit in August. As of now I have done just over 2500 miles this year. I know this nowhere near what some of your other members achieve but I'm very proud of this.

Now I could put this down to the great weather we have been fortunate to have this year, but I think it's mainly thanks to being in the Ridgeways Riders. I never thought I would be the person getting up at 7am on a Sunday to go for a bike ride. The Sunday rides are actually one of the highlights of my week (I know I need to get out more ). Andy does a great job organizing them.

At the start of the year when I was not very fit people would stay with me when I was struggling at the back and let me draft them, and as the year went on and I got fitter I could return the favour.

Hope that helps, Steve

Hi Becky

Thought would drop you a note on my achievement this year I completed the rotary Dorset ride 107 miles with nearly 8000 ft of climbing not bad as I spent 5 months off the bike 3 months for 3 broken ribs and a bruised lung then I got covid spent some time in hospital on oxygen so in January this year decided I was doing the rotary ride so I trained for it and completed it all the best

Frank

Hi Rebecca

Hope you are well?

Following on from your face book post about achievements this year. I have a few to add. Myself, Shirley Millar, Alyson Curtis and Andrea Scott did the New Forest 100 miler in May this year. I know it was the first 100 miler for me and possibly Shirley?

Also, Rachael Smith and I did the Coast to Coast from Seascale to Whitby in 2 days also in May this year. We did 260km and over 4000mtrs elevation over the 2 days (still can't believe we did it without any mech failures!)

I know Rachael has also cycled over 200 miles in a day, including Chase the Sun North this year too!

Best wishes

Lisa

Hi

Just a couple of personal highlights for me (could add that as my first year of riding with RRCC I can say I have never met a nicer bunch of people!)

My first ever ride to Shaftesbury and to ride up Gold Hill. A place I have only ever seen on the Hovis ad from decades ago. I had a similar feeling to standing on top of Ventoux!

My first Dorset century ride (with Mark, Craig and Gareth)

We (husband Roy Griffiths) signed up for the RRCC, ride around the IOW, prior to being a member of a cycling club, we were yacht racers and participated in the Round the Island race a few times. From the water the Island looks fairly flat and I missed that particular geography lesson due to a dental appointment. Is the IOW flat... no.... did we find it a fairly tough 66 mile ride .... Yes... would we have ever cycled around it on our own .... No... did we achieve it and feel elated .... Yes. But the funniest

moment was when we arrived back home only to find the postman had delivered Roy's bus pass 🚴 🤣





#### **Anthony Brown**

Over the past six years I have raised over 40k for cancer charities, helped along the way by some of your members who gave me some training incites and helped me learn how to ride in a group. Despite not being a member.

So far, I've managed to take part in chase the sun twice and did a Paris ride. Thank you for all your support xx

Alyson Curtis Lisa Livingston and myself cycled the sportive Cheddar Gorge, also 50 mile in the new forest, and Garmin ride out for children's medical research  $\ensuremath{\mathcelowdrightarrow}$ 

Shirley

#### So, pretty impressive, hey?

That is what our club is about and that is achieved through the many wonderful people in it, helping you believe that you can achieve anything..

So, as some of you know my time has been spent learning to ride a bike again....Literally

What a rollercoaster it has been and I can honestly say there were many times when the bike was going to go in the bin...

But it hasn't and after nearly 6 months of torture I can honestly say I know love it and I hope things will improve further next year... I have a few plans and would love to develop TT / racing / Indoor racing etc amongst members of our club...

We have members doing things already...

Chris Dooley, Dorin, Alan Pearce, Lisa Worthington, Colin Brumble, Elaine, Victoria, Rowena have all been involved and it would be great to get more involved...

There is no better feeling than that feeling when you have finished and you have given it absolutely everything...Especially if time / watts have improved.

I was thinking what stopped me initially and we all think we are not good enough...

Well I can tell you that TT are the friendliest events ever and are filled with really welcoming riders and many are no better than many people sat in this room tonight...

#### What opportunities are there to take part?

Tuesday evenings – Wool road – 7pm start

Wednesday evenings – Glider Club circuit – 7 ish start

Just you against the clock

Friendly

Supportive

Get such a buzz from it

Leads onto other things if you want

Sat training sessions – Glider club – Hours going around circuit!!

Moreton racing series – Need to be more women involved

Zwift Racing - Learning with PW at the moment - Great to get a RR team organised

Great to get a team together

Do some training rides around the glider course -

Let me know if interested...It would be great to get more people involved...

# 8. General Secretary's Report - Karl Watson

We are associated again with British Cycling for another year. Controversial due to new British Cycling sponsor!

SVEN CYCLES is no longer a sponsor. Darron moving away.

New Sponsors. Camber Cycles

thanks to Simon and Will. 10% off parts and 20% off servicing. Lynch lane. Bottles there shortly

Thanks to Pete and Gareth for continuing their sponsorship for another year.

Socks will be here by the new year (maybe). Thanks to Steve for sorting.

Thanks to Rebecca for organising Ironman feed stations. Amazing Day. £500 for the club/ charities

Winter months approach: clothing, lights, brakes, tyres.

Facebook posts. Please post all RRCC group rides on FB.

Thanks to everyone involved with the club. Committee, Ride leaders, volunteers, sponsors and of course our amazing members.

### 11. Election of committee members

General Secretary
Chairperson
Vice Chairperson
Treasurer
Cycling Development Officer
Social Secretary

Karl Watson
Mags Almond
Mark Rodgers
Steve Hedges
Alyson Curtis
Shirley Miller

Events Co-ordinator Victoria Beedham and Rebecca Pearce (racing)

## 12. AOB

Craig Thomas - As a slightly different approach to sponsorship could we approach cafes and negotiate a discount (10%?) for card carrying members in exchange for promotion on our community/website/FB etc? Also another attraction to get people to join the club fully.

Shirley Miller agreed to organise this.

Mags agreed to take on Woman only rides with help of others.

## 13. Questions from the floor

David Langridge who is the President of Weymouth Rotary Club asked if the club would like to hold a joint Club Sportive next year. We all agreed that it was a great idea. Victoria Beedham agreed to look at what is involved with the help from the other committee members.

## 14. Presentations

The Kajsa Tylen trophy for most 100 mile rides in a year - Chris Ellis Spirit of the club award - voted by committee members - Frank Kerslake. Most improved male rider - Mark Rodgers Most improved women's rider - Jacqui Gisborne Ridgeway Riders Rider of the Year - Mark Rodgers

And that concludes this year's AGM, congratulations to everyone who got involved - another great year.

The end :-)